> 08 Spectacular fireworks

> 10 Rugby [illegible] to Newham

> 16 Save money on energy

thenewhammag

issue 287 // 8 – 22 November 2013

Poll position

Jonathan Bennett is elected as Newham's seventh Young Mayor (p13)

Newham London

Attention parents!

Free early education for two-year-olds

Your child may be entitled to up to 15 hours of free early education per week, starting the term after their second birthday, if you receive one of the following:

- Income Support
- Income based Jobseeker's Allowance
- Income related Employment and Support Allowance
- support under part VI of the Immigration and Asylum Act 1999
- the guarantee element of the State Pension Credit
- Child Tax Credit, provided you are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Universal Credit

Children are also eligible if they:

- are looked after by the council
- have a child protection plan.

You will need to provide your name, your date of birth and your National Insurance number.

Find out NOW if you are eligible by contacting the Early Intervention Central Team on **020 3373 0980** or email **twoyearold.childcare@newham.gov.uk**

Please note: you are not eligible if your household is in receipt of Working Tax Credit

the newham mag

Look out for the next issue from 22 November 2013

contents

8 November 2013 // **issue 287**

On Sunday 3 November we held our last big community event of the year – Guy Fawkes Night. If you weren't able to get there for the fireworks you can see some of the highlights on page 8.

In this issue we meet newly elected Young Mayor Jonathan Bennett, who will be championing the views of young people across the borough and beyond.

There are useful and informative articles on ways to communicate with the council (p15) and top tips to save energy and money (p16).

Anyone looking for work should read the fascinating story of how Workplace, the council's jobs brokerage scheme, has helped residents train up to start meaningful careers in healthcare at Barts Health, the largest NHS Trust in the UK (p28).

Cllr Richard Crawford

Executive member for community affairs

To request a large print version of the Newham Mag call 020 3373 1517 or email newham.mag@newham.gov.uk

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Newham London

Find us online at www.newham.gov.uk/mag
For information on all Newham Council services visit www.newham.gov.uk

Airport consultation extended
Due to the number of responses to the London City Airport planning consultation including many who have asked for extra time to submit a response Newham Council has decided to extend the deadline from 28 October 2013 until 12noon on Wednesday 18 December 2013

The major planning applications propose additional infrastructure passenger facilities and a new hotel at the airport The council is now publicising the extended consultation deadline including writing to more than 25,000 homes in the local area

A Newham Council spokesperson said "We know these are major planning applications and we have already had a significant response We have extended the deadline until 18 December to ensure as many local people and wider stakeholders as possible can make their voices heard "

Further information page 18

Housing service survey
Questionaires are being sent to a large sample of Newham Council's tenents and leaseholders to find out their opinions on their housing services

The council needs as many people as possible to complete the survey so that it can be sure it has a complete picture of what residents think.

If you receive a survey take the time to fill it in If you return it you will be entered into a prize draw with the chance to win £200 All the information provided will be confidential

Remembrance events
Newham Council is inviting residents to a series of Remembrance Sunday events across the borough

They take place on Sunday 10 November at East Ham Cenotaph Central Park, High Street South 10 55am following a Royal British Legion parade All Saints West Ham Parish Church, Church Street, at 10 40am at St Mark's Memorial, Factory Road North Woolwich, at 10 55am and St Luke's Memorial, Tarling Road Canning Town, from 10 30am

Sights on helping visually impaired

Newham Council supported World Sight Day by raising awareness of visual impairment and the support that is available to the people it affects

The Community Resource Centre in Chargeable Lane, Plaistow hosted the council's Information Equipment and Demonstration Area (IEDA) team, who answered questions and provided information about preventing sight loss

Residents who attended were invited to take part in activities which will help train their eyes and may prevent sight deterioration over time An optician also offered free consultations

Councillor Neil Wilson, executive member for equalities and social inclusion, said 'World Sight Day highlights blindness as a global public health issue The number of visually impaired people in Newham is expected to reach almost 5,000 by 2020 We encourage everyone to look after their eyes to help prevent long-term problems from developing "

People wanting more information can contact the IEDA team on **020 3373 1543** or by emailing **IEDA@newham.gov.uk**

New classrooms on the wing

Beckton ward councillors Ayesha Chowdhury and Alec Kellaway helped cut the ribbon to officially open a new £1 7m extension at Gallions Primary School

They and deputy mayor Councillor Lester Hudson joined chair of governors Hamet Goodman to launch the school's new Green Wing, which offers six extra classrooms.

The school can now offer practical and quiet areas and separate playgrounds for pupils in Years 1 and 2 There is also a new cooking room film editing suite and studio, a science lab, role play area, design and technology workroom, more toilets and a bigger car park.

Cllr Kellaway said "The council's multi-million pound school expansion programme will have provided an additional 10,000 primary school places by 2015, principally by expanding successful and popular schools and also by providing some new ones We are confident of meeting the demand for school places, which will rise because the borough has the youngest population in the capital "

Rugby pupils fit for a Prince

Prince Harry gave pupils from Canning Town's Rokeby School a coaching session at Twickenham Stadium, the home of English rugby.

The Prince is patron of All Schools, the Rugby Football Union's programme to help secondary schools take up the sport. Rokeby School is now in its second year with the programme.

The pupils were put through their paces by Prince Harry and Rugby World Cup 2003 winner and former England captain Jason Robinson.

Jason said: "It's great to see the Rokeby pupils taking up the game and embracing the core values that make the sport so special. They have only been playing rugby union for just over a year and I'm sure that having the opportunity to meet Prince Harry and play on the famous pitch at Twickenham will inspire them to keep playing for many years to come."

Prince Harry and Jason Robinson, front, with the Rokeby pupils

Cheque cares for casualties

Deputy mayor Councillor Lester Hudson presented a cheque for £5,200 on behalf of Newham Council to the Care for Casualties charity.

Care for Casualties is an appeal run by The Rifles Regimental Trust, which provides welfare and support to casualties injured during the Afghanistan and Iraq conflicts.

Cllr Hudson presented the cheque to G Company 7 Rifles at West Ham Territorial Army Centre during an open evening to showcase what the TA and regular Army can offer to those interested in joining.

The money was raised during collections at community events staged by the council, including the Under the Stars music nights.

Cllr Hudson said: "Care for Casualties gives the families of fallen riflemen, the wounded and their families, the support, inspiration and means to rebuild their lives. We thank residents and businesses whose donations have helped show our appreciation for their courage and sacrifice."

Cllr Hudson [illegible]

Young ones are getting it right

I always enjoy watching the race to become Newham's Young Mayor. It's the one time I can witness the cut and thrust of election campaigning without personally being on tenterhooks over the result.

After a month of intense campaigning by the 20 candidates, Jonathan Bennett was chosen by his peers as our seventh Young Mayor. I am sure you all join me in wishing him well in the year ahead, along with our new deputy young mayor Adam Khaliq and the youth council.

> "This year's Young Mayor election was Newham's biggest ever with 14,428 votes cast by young people across the borough."

Jonathan campaigned on a platform of making sure young people have full access to the valuable and worthwhile opportunities that Newham has to offer. I look forward to being able to support him in that.

This year's Young Mayor election was Newham's biggest ever with 14,428 votes cast by young people across the borough. The hugely impressive turnout of 73 per cent was the highest in our Young Mayor elections so far and a level of voter engagement that any politician would be proud of.

Whatever our young people are doing, they are going about it in the right fashion. These figures don't just show how important the Young Mayor scheme is to our young people, but also how effective this year's candidates have been in using all of the tools at their disposal – their video manifestos alone were viewed more than 18,000 times online.

I'm very proud that our young people continue to want to be involved in the democratic process. But it would not be possible without our teachers and schools who support candidates and host ballot boxes so that their students can vote.

I am sure Jonathan and Adam will continue the fantastic work of their predecessors Rebekah Dike and Theu Ho, who have been wonderful ambassadors and performed their duties superbly.

And Jonathan, you are on notice. You may be the Young Mayor, but that doesn't mean you get to call me the old Mayor. And I hope you like cakes. Because you will be helping me judge the best ones at next year's Mayor's Newham Show should I be re-elected.

Sir Robin and [illegible]

Mayor's view

It's our duty to remember

For many people, war is what happens in other countries or something you see reported in the news. For others, it's something very real that they have experienced first-hand. That thought went through my mind on Saturday when I laid a poppy wreath ahead of the West Ham United home game against Aston Villa.

We were remembering those from generations past that died defending others, as well as those who continue to fall in conflicts and wars. And we especially remembered the West Ham Pals, the 13th Service Battalion of the Essex Regiment, a volunteer battalion formed by Hammers supporters in 1914.

Remembrance Sunday is a time for us all to ensure that the lives that were lost and the sacrifices that continue to be made as part of modern day conflicts are never forgotten.

And it is more poignant as we approach the centenary of the outbreak of the First World War.

Very few members of the generation who remember the Great War are left to recall the huge sacrifices that

Laying wreaths with David Gold, joint chairman of West Ham United, centre, and Paul Faulkner, chief executive of Aston Villa

were made. The duty to remember therefore falls on us all and remembrance should become even more valued.

Next year offers an opportunity to ensure that each generation understands how this tumultuous era of history has shaped our nation. We must use it well.

Let's give different sports a try

Most people in Newham will probably be able to tell you West Ham United's Geoff Hurst and Martin Peters won the 1966 football world cup for England. But they probably won't know that Jonny Wilkinson won the 2003 Rugby World Cup for England.

Newham is hosting five matches in the 2015 Rugby World Cup at the Olympic Stadium in Stratford. We intend to use this upcoming event to introduce our young people to a sport that traditionally has not been played in Newham much, outside of places like East London Rugby Club in West Ham and some schools.

Elsewhere in the *Newham Mag*, Will Greenwood, a member of England's 2003 winning side and an ambassador for England Rugby 2015, encourages Newham residents to get involved.

Rugby is a sports development priority in Newham's Every Child programme. Newham may traditionally be football territory but we want to inspire young people to give rugby and other sports a try.

with Sir Robin Wales

Setting the night alight

More than 30,000 people braved the threat of bad weather to come out to Newham's Guy Fawkes Night fireworks display, the council's last big, free public avant of 2013.

Residents of all ages were treated to a breathtaking fireworks and stunning laser display at the event held at Wanstead Flats, E7. For 22 minutes, the night sky was illuminated with ear-tingling bangs and exciting starbursts of lights dropping like coloured diamonds. The sky was filled with the superbly designed and stunning choreographed display which was set to dramatic music.

Mayor Sir Robin Wales said: "I'd like to thank everyone for coming out to mark Guy Fawkes Night.

"In total, this year more than 135,000 people attended our free annual events which include the Mayor's Newham Show, Under the Stars music nights, the Waterfront Festival and of course Guy Fawkes Night. I think it is fantastic that the people of Newham can come together and have a free great night out."

See photos and highlights from Guy Fawkes Night on our Facebook page **www.facebook.com/newhamevents**
Like the page to get updates about upcoming events

@NewhamLondon top tweets

Sally Lastar - Best fireworks display I've ever seen
Lorraine Francisco - First time @NewhamLondon Guy Fawkes Night! Will try and make it every year ;-) thanks for organising a fab event!
Kaylaa Harris - @NewhamLondon really do put on some good free events! Really enjoyed back to the boogie this year and the fireworks tonight!! X
charrella - Great soundtrack to the @NewhamLondon fireworks, whoever thought of those songs #thumbsup

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A Will to win

October 31 marked exactly two years to go to the final of the Rugby World Cup (RWC) 2015 and 22 November will mark exactly ten years since England won the RWC in 2003, beating Australia 20-17 in Sydney's Olympic Stadium.

Newham is looking forward to playing a key role in the delivery of RWC 2015 by hosting five games at the Olympic Stadium in Stratford.

Will Greenwood, a member of England's 2003 winning team and an ambassador for the 2015 tournament, reflects on RWC 2003 and looks ahead to rugby's showpiece event touching down in England in two years' time.

What's it like to win a Rugby World Cup?

"It is an incredible feeling. As a group we had worked so hard for four years and been through some huge disappointments. We were not the perfect team and we had had some real horror shows beforehand, but we had learned what it meant to go behind in games, to find ourselves under pressure but still find a way to win.

"The excitement for me came a couple of days after the final with my mates in the pub. But at the time it was just sheer relief. I don't remember much of the game but more of the changing room afterwards and not wanting to leave the Olympic Stadium in Australia because I knew deep down that the team would probably never play together again. We had some special times.

"Now every time I look at the Webb Ellis trophy I am filled with pride. It was a great time and one I hope we can replicate in 2015."

What will it mean to see rugby played in the iconic Olympic Stadium?

"I was lucky enough to watch a lot of the 2012 Games in the Stadium and at the Velodrome. I saw Usain Bolt win the 100m and Mo Farah win the 5000m and the atmosphere was incredible. It was a wall of noise as Mo ran round.

"To have 54,000 people rammed in here to watch the likes of South Africa and New Zealand and the Bronze Play-Off Final will be truly special, and I hope will grab the attention of West Ham United fans who potentially might consider becoming Saracens or Harlequins fans or exploring the rugby avenue."

What can RWC 2015 do for grassroots rugby in Newham?

"That is one of the challenges and one of the biggest opportunities of RWC 2015. The Rugby Football Union has in place a lead up and legacy committee which is making sure we take advantage of having so many eyeballs on rugby. I was lucky enough to coach at East London Rugby Club in West Ham a few years back with a TV programme called School of Hard Knocks and they loved it. So RWC 2015 is a massive opportunity for clubs like East London, and others in the area, to grab the attention of youngsters and give them the opportunity to play rugby."

What can fans new to the sport expect?

"They can expect tremendous sportsmanship and friendship with fans of both sides mixing. The beauty of rugby is that there is no away end. Everyone is in together. There is also respect from the crowd for goal kickers and from players towards the officials. Just imagine a referee of 5ft 3ins telling a player of 6ft 7ins to back off ten yards and the response being 'yes sir'.

"It is a great family environment. I know in and around the stadium there will be loads of stuff put on in fan zones for the kids to enjoy, being able to experience the odd shaped ball perhaps for the first time and be able to pass it around and go home hooked.

"Newham residents should really get behind RWC 2015. It's coming to town with five games in the Olympic Stadium. I hope to see people there."

Join the journey to RWC 2015 by signing up to The Front Row website for all the latest tournament news, including updates on tickets and volunteering. Visit www.rugbyworldcup.com/frontrow for details. Visit www.elrdc.wordpress.com for more information on East London Rugby Football Club.

Will Greenwood
RUGBY WORLD CUP
England 2015
IRB
RUGBY WORLD CUP 2015
IRB
RUGBY WORLD CUP 2015

NEWHAM COLLEGE LONDON

#MeetYourFuture

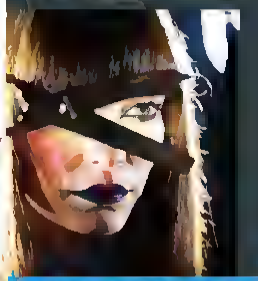
OPEN DAY

Saturday 16th November 11am – 3pm

East Ham Campus, High Street South, London E6 6ER

ACTIVITIES ON THE DAY INCLUDE

- Meet your Future Workshops – a series of workshops running through out the day where you can meet and talk to a professional from a range of industries
- Meet current students
- Live performances and DJs



COMPETITION

- The top 3 images that capture the best aspects of the Open Day will receive £25 Westfield vouchers*

*Subject to availability

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Record turnout for Young Mayor election

After weeks of campaigning, in the race for Young Mayor there can only be one winner. This year, the hotly contested title went to 15-year-old Jonathan Bennett.

More than 73 per cent of the borough's young people took to the polls to vote in the election held last month. The turnout is an increase of 12 percentage points on last year's election – the highest in the scheme's seven year history and higher than the last general election

Jonathan, a student at Plaistow's Cumberland School, fought tough competition from 20 other hopefuls vying for the position which will see him represent the views and interests of almost 20,000 young people in Newham.

To secure the coveted title, Jonathan received 1,320 votes closely followed by runner up Adam Khaliq, 16, from East Ham's Langdon School who was named deputy young mayor with 1,294 votes. He and the remaining candidates will support the work of the Young Mayor as part of the influential youth council.

As the seventh democratically elected Young Mayor of Newham, Jonathan's manifesto aims to help young people access worthwhile opportunities in the borough, and ensure they can generate their own personal income. He will also be allocated a budget of £25,000 to support his manifesto aims and local projects. He, along with the youth council, will decide how the money is spent

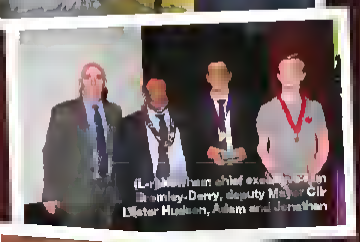
Jonathan said: "I'm really excited to be Young Mayor. I see this as a fantastic opportunity to make a difference to the lives of young people in the borough

"I want to ensure that Newham's young people are consulted and involved in decisions affecting them and that they can access opportunities that will benefit them in the long run."

"I want to ensure that Newham's young people are consulted and involved in decisions affecting them..."

Mayor Sir Robin Wales congratulated the new Young Mayor saying: "Our Young Mayor initiative is vital to ensuring that our young people are involved in democracy

"We have one of the longest running youth engagement programmes in the country. Every young person who was involved in this year's election, whether as a voter, campaigner or candidate, has played their part in making this event a success. I congratulate Jonathan on his campaign and well deserved victory."



Keep in touch with the Young Mayor

Twitter @youngmayor
Facebook www.facebook.com/youngmayor
Web www.newham.gov.uk/youngmayor

Council services at your fingertips

The ways you can interact with the council are changing so we can protect the services you tell us matter. We're making it easier for you to contact us at a time that's convenient for you by making more services accessible online. You might already do your banking online, shop online and book your holiday online, so why not contact the council online?

Using the example of renewing parking permits, here's how simple it is to do it when you do it online. >>>

Your comments about online renewals

"Easy to use"

"Good move the council has made"

"Simple and straight forward, took me a couple of minutes"

"Recommend to family and friends"

"Very pleased with the service"

Reasons to go online

- **Access** council services at your convenience, day or night
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- **Pay** your Council Tax, rent or fixed penalty notice
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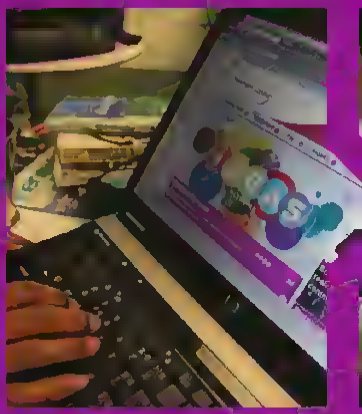
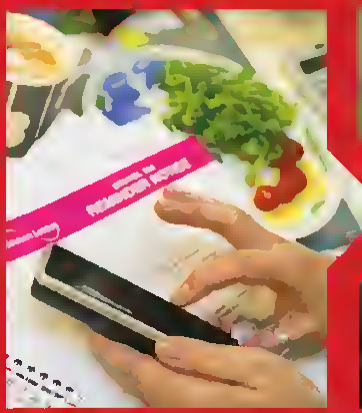
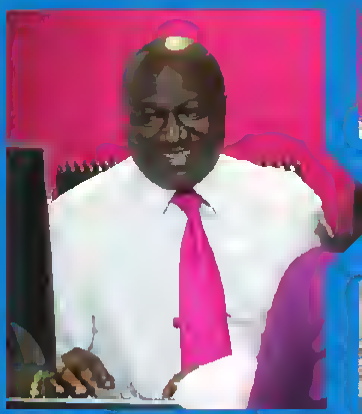
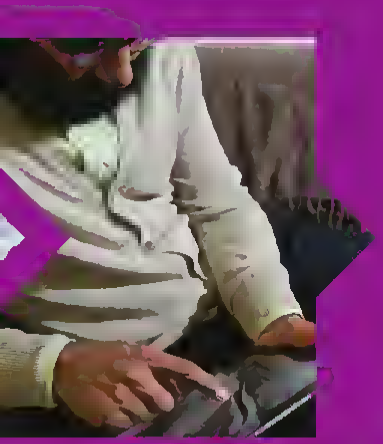








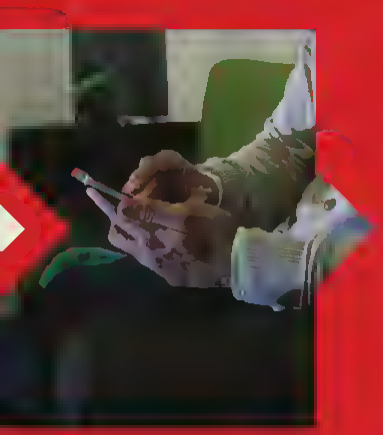
Resident A: going online

Resident A wants an easy life. He works 9am-5pm, pays all his bills by direct debit and uses his free time to do the things he enjoys, like spending time with family and friends

One evening at 10pm, he realised his resident parking permit was up for renewal and immediately went online. Having already submitted his eligibly documents when he first applied, also done online, he visits **www.newham.gov.uk/MyNawham** and logs on using his email address and password

He clicks on 'apply for it' and then 'parking permits', selecting 'resident parking permit' from the choices offered. His circumstances haven't changed so he clicks to confirm this. Within seconds, his request is confirmed. His renewed resident parking permit is posted out to him first class.

Time taken: less than five minutes



Resident B: over the phone

Resident B has a family and is always busy. She finds it difficult to find time to do everything she needs to. She realises that her resident parking permit is about to expire and panics. She searches for Newham Council's telephone number – she's written it down somewhere but can't find it very easily. She waits until her lunchtime to call, which, unknown to her, is one of the busiest times to contact the council

She listens to the options and waits patiently to be put through to an operator. When she gets through she discovers that she cannot renew her permit over the phone and is advised to go online to do this

Resident B takes down the council's web address and does the transaction online at home later that day using her own mobile phone after the kids have gone to bed. She's surprised at how simple and quick it is and how many services are accessible to her – at any time of the day. She makes a mental note to always go online to the council's website if she needs any information.

Time taken: 10 minutes, wasted. Less than five minutes online

Resident C: face to face

Resident C has lots of time on her hands. She doesn't mind visiting the council's Customer Service Centre (CSC) and regularly goes to the library. She doesn't know how to use the internet. When she realises her parking permit is due for renewal she heads straight to her CSC.

It's Monday and the CSC is very busy. Resident C waits for some time to be seen. When she makes it to the counter, the officer explains how simple it is for her to do the renewal herself online. She explains that she doesn't have internet access at home. The officer tells her that all Newham libraries have free internet access. Resident C reluctantly admits she doesn't know how to use the internet and the officer tells her about the council's touch screen, self-service kiosks. They can be used to do a range of things like make payments, report problems and renew things like resident parking permits. Scanners are also available if you need to submit copies of documents.

The officer takes Resident C to the self service kiosk where she renews her parking permit; she is surprised at how easy they are to use. The next time she visits her library she uses the kiosk to book a bulky item collection

Time taken: 30 minutes. Using self service kiosk: 5 minutes

Cold comfort

The recent announcement of price hikes by the energy companies is a Christmas present that nobody wants.

This month London will see energy price increases of up to 11.1 per cent. While most people will find it difficult to manage the increase, in Newham this is likely to have even more impact as we have a higher degree of fuel poverty.

What is fuel poverty?

A household that needs to spend more than ten per cent of its income on heating their home is said to be in fuel poverty. There are four main causes of fuel poverty:

- **energy inefficiency (poor insulation, old boiler)**
- **high energy costs**
- **low income**
- **consumer behaviour (wasting energy unnecessarily)**

Fuel poverty has a negative impact on quality of life and health. It is associated with an increase in winter deaths, cardio-vascular disease, respiratory problems and poor mental health.

Newham has consistently been in the five London boroughs with the highest percentage of households in fuel poverty. Nationally fuel poverty is more prevalent in private rented properties than any other sector of housing. Newham's groundbreaking private rented property licensing scheme aims to drive up the quality of housing and is just one of the ways that the council is tackling fuel poverty.

Home improvements

Of the four factors affecting fuel poverty, energy inefficiency is the most important. The council's website has information about a range of grants, discounts and financial help that is available for you to improve the energy efficiency of your home. Installing a new boiler and getting effective insulation are the most important changes you can make and financial support may be available to help you do it. Visit **www.newham.gov.uk/energyefficiency** to see if you qualify.

Get a better deal

The next most important issue is the cost of energy. You should regularly review how much you are charged for your gas and electricity and change suppliers if you can get a better deal. Newham Council is supporting the Big London Energy Switch, a collective energy switching scheme that aims to get consumers a better deal. To sign up or for more information visit **www.newham.gov.uk/thinkingaboutswitching** or call **020 3373 4892** before 19 November.

Increase your income

Workplace, the council's job brokerage scheme exists to help you to train, find work and climb up the next rung of your career. Being in work is one of the most important things that you can do to improve your life. Find out more by visiting **www.newhamworkplace.co.uk**.

For people who have retired or are on benefits there is also a range of financial support available including Cold Weather Payments, Winter Fuel payments and energy grants. To find out more visit **www.newham.gov.uk/energyefficiency**.

Change what you do

There are things you can do in your home every day which will not cost you money but could save you money on your fuel bills:

- **turn down your thermostat. Reducing your room temperature by 1°C could cut your heating bills by up to 10 per cent annually**
- **set your heating and hot water to come on only when you need them**
- **close your curtains at dusk to stop heat escaping through the windows**
- **always turn off the lights when you leave a room**
- **don't leave appliances on standby or leave chargers plugged in**
- **fill your washing machine, tumble dryer or dishwasher every time you use them to reduce the number of loads you do and save energy.**

Want to know more?

Many people may struggle to pay their energy bills this year. Newham Council could help you have a warmer home and pay your bills. Go online to **www.newham.gov.uk/energyefficiency** to discover more about:

Grants, discounts and financial help to make your home more energy efficient including:

- **Warm Home Discount**
- **Green Deal**
- **Energy Company Obligation (ECO).**

Information about:

- **Energy switching**
- **The Big London Energy Switch**
- **How to work out your energy use from your bills.**

There is also information about financial support for those most in need including:

- **Cold Weather Payments**
- **Winter Fuel Payments**
- **Energy grants.**

You will also find a range of top tips for saving you money on:

- **Heating and hot water**
- **Electricity**
- **Laundry.**

Visit www.newham.gov.uk/energyefficiency

Newham London

London Borough of Newham

Planning Applications submitted by London City Airport

Public Consultation Period Extended to Midday on Wednesday 18th December 2013

The following planning applications submitted to the London Borough of Newham are advertised under Article 13 of the Town and Country Planning (Development Management Procedure) (England) Order 2010 (as amended) and in accordance with all other relevant statutory requirements arising pursuant to the Town and Country Planning Act 1990 (as amended) and the Planning (Listed Building and Conservation Areas) Act 1990 and the Town and Country Planning (Environmental Impact Assessment) Regulations 2011.

This notice is to advertise that the public consultation period regarding the planning applications set out below has been extended from 28th October 2013 to midday on Wednesday 18th December 2013

London City Airport submitted two inter-related planning applications to the London Borough of Newham on 26 July 2013 to deliver the City Airport Development Programme (CADP) these applications are referred to as CADP1 (planning application 13/01228/FUL) and CADP2 (planning application 13/01373/OUT)

Application Site: London City Airport, Hartmann Road, Silvertown, London, E16 2PX

Planning Application CADP1 Works to demolish existing buildings and structures and provide additional infrastructure and passenger facilities at London City Airport without changes to the number of permitted flights or opening hours previously permitted pursuant to planning permission 07/01510/VAR Detailed planning permission is being sought for

(a) Demolition of existing buildings and structures
(b) 4 upgraded aircraft stands and 7 new aircraft parking stands
(c) Extension and modification of the existing airfield, including the creation of an extended taxi-lane
(d) Emergency vehicle access point over King George V Dock
(e) Replacement landside Forecourt to include vehicle circulation pick up and drop off areas and hard and soft landscaping
(f) Eastern Extension to the existing Terminal Building (including alteration works to the existing Terminal)
(g) Construction of a three storey passenger pier to the east of the existing Terminal
(h) Erection of Noise Barriers,
(i) Western Extension and alterations to the existing Terminal
(j) Western Energy Centre storage ancillary accommodation and landscaping,
(k) Facilitation Works including temporary coaching facility and extension to the outbound baggage area
(l) Upgrading works to Hartmann Road;
(m) Passenger and staff parking car hire parking taxi feeder park and ancillary and related work
(n) Eastern Energy Centre
(o) Dock Source Heat Exchange System within King George V Dock and
(p) Ancillary and related work

This Major Other application is accompanied by an Environmental Statement. The application does not accord with the provisions of the Development Plan

OFFICER Sunil Sahadevan
Ref: 13/01228/FUL

Planning Application CADP2 Outline application for erection of a hotel with up to 260 bedrooms ancillary flexible A1-A4 floorspace at ground floor meeting/conference facilities together with associated amenity space landscaping plant and ancillary works

This Major Other application is accompanied by an Environmental Statement

OFFICER Sunil Sahadevan
Ref: 13/01373/OUT

The applications can be viewed online at **http//www.newham gov.uk/planning** where you will be able to view the plans and other documents relating to these applications as well as send us your views

In addition members of the public may inspect copies of the Environmental Statement and the other application documents at the following locations (the opening hours listed below are accurate at the time of writing)

- **North Woolwich Library** 5 Pier Parade North Woolwich, E16 2LJ (London Borough of Newham) Opening hours Monday/Tuesday 09 30-17 30 Thursday 13 00-20 00 Saturday 09 30-17 30 CLOSED Wednesday, Friday Saturday
- **Ideas Store Chrisp Street** 1 Vesey Path East India Dock Road E14 6BT (London Borough of Tower Hamlets) Opening hours Monday Thursday 09 00 21 00 Friday 09 00-18 00 Saturday 09 00 17 00 Sunday 10 00-16 00
- **Woolwich Library at The Woolwich Centre** 35 Wellington Street Woolwich SE18 6HQ (Royal Borough of Greenwich) Opening hours Monday/Thursday 09 00-19 00 Tuesday/Wednesday/Friday 09 00 17 30 Saturday 09 00 17 00 CLOSED Sunday
- **Newham Dockside** 1000 Dockside Road, E16 2QU (London Borough of Newham)– by prior appointment only– Contact sunil sahadevan@newham gov uk or call 020 3373 1423

Members of the public may obtain hard copies of the Environmental Statement (ES) at a cost of £300 for each volume (excl postage and packaging) The ES Non-Technical Summary and a CD Rom version of the ES are available free of charge by calling RPS at 020 7280 3200

Any person wishing to make representations relating to the applications should do so online at **http://www.newham.gov.uk/planning** or in writing to the officer identified above at Newham Dockside 1000 Dockside Road, E16 2QU **The deadline for submitting representations has been extended to midday on Wednesday 18th December 2013** Please note that representations already received regarding these applications will be taken into account by the London Borough of Newham as part of the assessment of the applications

DANGEROUS DOGS HAVE HAD THEIR DAY

Irresponsible owners and dangerous dogs are a bad combination. Dangerous dogs can be intimidating, threatening and, in extreme cases, prone to attacking people.

To counter the problems caused by dangerous dogs, Newham Council and Newham Police have successfully joined forces to protect the public from this menace.

Since starting the partnership 18 months ago, warrants, seizures and destruction of dangerous dogs has reached record levels:

- **44 dog related warrants have been applied for and granted, under the Dangerous Dogs Act.**
- **34 dogs have been seized as a direct result of these warrants.**
- **14 Pit Bull dogs have been seized on the street.**

Of the dogs found to be dangerous or prohibited, 50 per cent were destroyed and the remainder were returned to their owners with stringent conditions.

Chief Inspector Sean McDermid, from Newham Police, said: "Our partnership has reduced a risk to public safety and sent a strong message to irresponsible owners and criminals."

Councillor Andrew Baikie, executive member for housing and customer services, said: "Safety remains our residents' number one concern and ours too. This is why we will not hesitate to confiscate and destroy illegal and dangerous dogs. We fully support and promote responsible dog ownership. We encourage owners to buy legal dogs from reputable sources, have them trained and to clean up after them."

Newham Council also offers free dog agility sessions and free microchipping.

If you know of any dangerous dog activity, have concerns about any dogs or animals that may be being mistreated or would like to know more about our free microchipping, call the animal welfare team on 020 8519 8187.

Newham in pictures

1 The big bang theory energy = crowds x fun squared **2** Things that go bump in the day The Asta Community Hub celebrates Halloween with a Let's Get the Party the Party Started grant **3** Library learning Knit and Natter at Beckton Globe E6 **4** Let the ghoul times roll London Rockin Rollers Halloween Derby at Newham Leisure Centre E13 **5** BMX tech Goosley Playing Field keeps teens on track during half term

CAST ANNOUNCED

OH WHAT A LOVELY WAR

JOAN LITTLEWOOD'S Musical Entertainment
OH WHAT A LOVELY WAR By Theatre Workshop, Charles Chilton Gerry Raffles
and Members of the Original Cast
Title suggested by Ted Allen Military Adviser Raymond Fletcher

1 FEB - 15 MAR 2014

STRATFORD EAST.COM

THEATRE ROYAL
STRATFORD EAST
GERRY RAFFLES SQ, E15 1BN

...a people's theatre

020 8534 0310

BOOK NOW
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/theatreroyalstratfordeast
@stratfordeast #OWALW

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ARTS COUNCIL ENGLAND

Newham London

Christmas is a comin'

The countdown to Christmas has begun and the Christmas lights are getting turned on. Come and join the party as the seasonal celebrations get under way across Newham.

Whether you fancy traditional carols in East Ham, the Christmas Market at Stratford or singer Michelle Gayle at Gallions Reach, there's something for everyone at this year's Christmas lights switch ons.

Gallions Reach, Saturday 16 November, from 12.30pm
Festive fun with Santa and his reindeer. Singer Michelle Gayle switches on the lights at 4pm. ***Gallions Reach, 3 Armada Way, E6***

Westfield, Saturday 16 November, 5pm
This year Santa is switching on the lights at Westfield. There will also be fireworks and a guest appearance from TV's Dick and Dom. ***The Street, Westfield Stratford City, E20***

East Ham, Saturday 23 November, 2-5pm
Mayor Sir Robin Wales turns on the lights. Music by young people from Newham's Every Child a Musician programme, Christmas carols, Dick Whittington's cat, a lantern parade and a free Santa's Grotto. ***Pilgrims Way, East Ham, E6***

Stratford, Friday 29 November, 5pm
A traditional Christmas with a 45-foot tall spruce tree from Norway, seasonal entertainment and a helter skelter. Sir Robin Wales will switch on the lights. There will also be a Christmas market where you can buy mulled wine, roasted chestnuts, presents and cards. Open Thursday to Sunday throughout December in the run up to Christmas. ***Meridian Square, Stratford, E15***

Forest Gate, Saturday 7 December, 3-6pm
Festive community Christmas lights switch on with craft stalls, school choir, mince pies and mulled wine or hot chocolate and biscuits for the children. Plus, live music from local musicians. Switch on at 5.45pm. ***Woodgrange Market Place, Sebert Road, Forest Gate, E7***

Gallions Reach
Sat 16 Nov,
from 12.30pm

Westfield
Sat 16 Nov,
5pm

East Ham
Sat 23 Nov,
2-5pm

Stratford
Fri 29 Nov,
5pm

Forest Gate
Sat 7 Dec,
3-6pm

For more information visit **www.newham.gov.uk/christmas**

A place to rest

Working in a cemetery isn't the kind of thing you dream to do when you grow up but after 14 years at the borough's only council-run cemetery Denise King has turned her job into a career.

With six other cemeteries in Newham, West Ham Cemetery, straddled between Stratford and Forest Gate, may not be the largest burial ground in the borough but it's one of the least expensive and most compassionate.

The 22-acre site on Cemetery Road has been under the management of the council since 1857. As well as hundreds of graves, the grounds house a small, ragstone chapel which is used for religious and non-religious funeral gatherings.

What services do you offer?
We mainly do burials. We have a dedicated children's area. You'll find that some people want to put balloons and things like that up around the grave. In the main cemetery we don't allow that, but in the children's area we allow anything: toys, teddy bears, balloons, wind chimes, the list goes on. We also have a garden of remembrance.

Do you do cremations?
No, but we do bury ashes and urns. We offer ashes graves, which is half a grave specifically for ashes. With ashes we can bury or scatter as many as required.

With burial space lacking across London, how do you manage?
Most cemeteries in London are struggling with finding burial space and are using reclaimed ground. We are legally able to reclaim vacant space in older graves. Unlike some other cemeteries who do this after 50 years, we wait 100 years. You wouldn't find any remains after this length of time and we would never disturb any remains.

What does your role involve?
As cemetery manager I normally arrange the funeral with the funeral director. We can select the ground or families can chose the plot they want. Muslim burials are a bit different as the family usually arranges the funeral on their own and we liaise with them directly.

I do all the paperwork, for legal reasons

there are documents that have to be presented at a funeral, so I look after all that.

How do you cope with your work?
I have to admit, I have struggled when a child is involved because I am a mum myself. This year we buried a 16-year old and that affected me because I have a son of that age, but generally the work doesn't really affect me.

I've had families coming in laughing and joking about the deceased. That's their way of grieving. I've had families that I have struggled with, in the sense of how do I stop them from crying?

Do people come looking for graves?
These days, everyone wants to trace their family members and our records go back to the beginning. We're linked with a company called Deceased Online. People come and check the grounds for headstones. People are welcome to come in and we can show you how to search or you can go online to **www.deceasedonline.com**.

What does a funeral cost?
For Newham residents, our prices start from £1,293, other places in the borough charge up to £2,500. There's no law that says you have to use a funeral director, you can buy your own coffin, use your own transportation, deal with us straight and we can lay out the costs. It's a lot cheaper to organise it yourself.

We are a small cemetery in comparison to a lot of other cemeteries in the borough. We normally only have one funeral a day.

We have a lot of volunteers that live locally and help out with the grounds. Some other cemeteries are much busier, with funerals happening one after the other, but it's a lot calmer here.

To find out more about West Ham Cemetery or to volunteer call 020 3373 1193 or email westhamcemetery@newham.gov.uk

Thinking about switching?

Newham London

Are you paying too much for your gas and electricity?

Changing your energy provider can save you money.

EXTENDED DEADLINE!

REGISTER BEFORE 19 NOVEMBER 2013

Newham Council together with 22 other London boroughs has signed up to the Big London Energy Switch, a collective switching scheme to help Londoners get a better deal on their gas and electricity bills.

Visit www.biglondonenergyswitch.org.uk to find out more and register

If you experience problems registering, call the iChooser Helpdesk on 0800 0488 112.

If you do not have internet access you can call Newham Council's Switching Enquiry Line on 020 3373 4892.

The Big London ENERGY SWITCH

MICHAEL ROSEN'S

WE'RE GOING ON A BEAR HUNT

STRATFORD CIRCUS CIRCLETS

ONLY £6 IF YOU ALSO SEEN MR AND MRS MOON

Contact Ref Office for details

LITTLE ANGEL THEATRE

A family go on an expedition of a lifetime – running down the grassy bank, wading through the cold river, squelching over the oozy mud, stumbling into the dark forest, then peering into a cave.

Little Angel Theatre brings **Michael Rosen's** thrilling and funny adventure to life in a brand new puppetry production.

Relaxed performances Sat 14 and Sat 28 Dec at 11am. See our website for more information.

WED 11 DEC - SUN 5 JAN
VARIOUS DATES AND TIMES

PRICE £10/£8 CONCS/SCHOOL
£30 FAMILY TICKET*

AGE 2+ | DURATION 45 MINS

0844 357 2625

WWW.STRATFORD-CIRCUS.COM

Family is four, four includes one child

Newham London

are you my forever family?

Adoption, what would you say?

0800 013 0393

Where we live and our environment directly affects how we live, how we behave and the attitudes that we are likely to have. Litter is far more than a dropped food wrapper or a cigarette butt. It is a psychological stimulus.

Litter is more serious than you think. Recent experiments by university researchers found that people were twice as likely to commit crimes such as stealing, on a street where there was litter as they were on the same street when there was no litter. By reducing litter we are helping to reduce crime and make Newham a better place to live. Help keep your neighbourhood clean and crime free. We're doing our bit by trying to keep our streets clean and want you to do your bit too.

The pictures on this page show people who are responsible for dropping litter and other forms of anti-social behaviour. If you recognise anyone please call 020 3373 4479 and quote the reference number beside the picture.

Ensuring your anonymity

Newham Council is committed to tackling crime and anti-social behaviour in partnership with the police and other agencies. If you provide information regarding identities.

- **you will not be required to provide your name**
- **you will not be required to leave your contact details**
- **you will not have to make a statement.**

Don't put up with rubbish. Don't drop it and if you see it report it.

To get it cleared up report it online at www.newham.gov.uk/MyNewham

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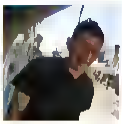
Ref: Nov15758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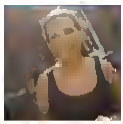
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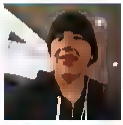
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Please call 020 3373 4479 and quote the reference number by the picture.

CAUGHT ON CAMERA

Caring for the community

If there are jobs up for grabs, Workplace, Newham Council's employment service, wants our residents to be first in line for them. Joining up with partners Newham College of Further Education means that job seekers can get the skills and the know-how they need to secure employment that could turn their job into a lifelong career.

More than 17,000 residents have been supported into work since May 2007 when Workplace opened. During this time Workplace has worked in partnership with Newham College. The college, which has campuses in East Ham and Stratford, has delivered training in areas including retail, hospitality, leisure and tourism and customer services.

Its most recent endeavour is tapping into vacancies in the NHS and care sector. To ensure residents are best placed to apply for and secure these roles, Workplace has been recommending suitable candidates to undertake the Preparing to Work in the Health Care Sector course, which has been designed specifically to provide the skills required by Barts Health NHS Trust.

Since March, more than 46 people have completed the course with many going on to secure roles with Barts Health NHS Trust or with other care providers.

Rosette Namwante, maternity care assistant, Newham University Hospital

"I've always wanted to work in a healthcare environment. I found out about the Preparing to Work in the Health Care Sector course from a friend. I was interested in completing it but you had to be registered with Workplace so I went and signed up and was assigned an advisor. My CV needed updating. I was helped with this and given interview support.

"The course was intense – 9am to 5pm every day – but very informative. Most of the units focused on working in a medical environment, record keeping, communication and team work. We also learned things like how to write a job application supporting statement.

"While doing the course some vacancies came up. We had a week to apply. My advisor helped me practise my interview skills. I gave it my all and got the job. It felt like my prayers had been answered.

"I started work in September and really enjoy it. I work three long days (7am to 8pm). As a mum, this works well for me. I have also applied to work as part of a bank of staff on my days off where I can choose to do additional hours.

"Before doing the course I hadn't studied for 17 years and didn't have any experience in this area so I'm still learning lots.

"Workplace has been brilliant and has helped me so much. What I like most is that they're assisting local people to get jobs in their area which is just what I needed."

Nadia Fernandes, orthopaedic nursing assistant, Whipps Cross University Hospital

"Before getting this job I was out of work for three years.

"I found out about this course through Workplace. I wanted to do some training and develop myself and my skills in order to find a job. Nursing is not just about looking after people, you have to be committed and compassionate towards patients.

"The course was challenging and very intense. As well as being at college all day we had homework in the evening.

"The thing I found most useful was how to complete a personal statement – I used to struggle with this. I felt much more confident applying for jobs and I started to receive lots of job offers.

"I was nervous about my interview but was a lot more confident than before because we had interview training. Before getting this job I'd applied for other jobs in the NHS and wasn't successful. When I got the phone call saying I had got the job I couldn't believe it.

"I like to take care of people. You don't know what the future holds and I treat my patients as I would like to be treated. The feedback I get from patients is really good. It makes me feel like I'm doing well and encourages me to do my best.

"My children look at me and they feel proud and they want to follow my lead. When I wasn't working I was always worried that they might think I was lazy. When I started working the first thing I thought was now I can show them how hard working I really am."

Be first in line for jobs

If you're serious about finding work, Workplace can help you secure a job. To find out more about employment opportunities and training visit www.newhamworkplace.co.uk or call 020 3373 1101.

Rosette
Nadia

Go on a Bear Hunt at Stratford Circus

WIN

Enter our competition and you could win a family ticket to watch the stage version of Michael Rosen's much loved children's tale **We're Going on a Bear Hunt** and a copy of the book signed by the author

The popular story of a family going on the expedition of their lives comes to life at Stratford Circus using puppetry, live music and singing by Little Angel Theatre

To be in with a chance of winning a family ticket for four (must include one child) to the show and a signed copy of the book answer this question **Which of these books are also by Michael Rosen?**

a. Revolting Rhymes
b. Quick Let's Get Out of Here
c. Love That Dog

Going on a Bear Hunt

Email your answer with your name, age, address and telephone number to **newham.mag@newham.gov.uk** or send it to Newham Mag, Newham Dockside, 1000 Dockside Road, London, E16 2QU by 22 November

We're Going on a Bear Hunt is showing at Stratford Circus from 11 December to 5 January. Tickets start from £8. For more information visit **www.stratford-circus.com** or call **0844 357 2625.**

Ship shape students

Students on board the SS Robin

More than 400 Newham College students are helping to restore the historic SS Robin, moored in Royal Victoria Dock.

The students, all studying basic to advanced level engineering and motor vehicle courses, are cleaning up the engine room as part of a £3m restoration programme.

The 340-tonne SS Robin was first fitted out at East India Dock and began transporting goods between Liverpool and London in 1890.

Muhammad Yiosese, 20, from Plaistow, who wants to become a mechanical engineer, said: "It's good to work on an historic ship. You can see how the engine works, how the cargo was stored, and see the material that people used to work with. It's a rare opportunity."

The SS Robin Trust obtained a Heritage Lottery Fund grant to bring the ship to the Royal Victoria Dock and turn it into a floating museum by 2014.

Free classes at the Gate

If you want to improve your chances of finding work, brush up on English or explore your creative side head down to The Gate library

The popular library, which was refurbished earlier this year, is holding the following free classes:

Employability Skills, Mondays, 12.30-2.30pm Create or update your CV, get interview tips, job search advice and learn how to build your confidence.

Family Arts Club, Saturdays, 12-2pm A range of art and craft activities including flag and card making Suitable for children aged three to 12 accompanied by an adult

ESOL (English for Speakers of other Languages), Tuesdays, 9.30-11.30am, women only, during term time. For beginners and those who'd like to improve their confidence in speaking and listening English.

For more information drop in to the library at 6-8 Woodgrange Road, E7, or call Shagufta Nasreen from Skills Rethink on **07916 151 964.**

Creative opportunities at The Gate

Make time to give blood

Residents are being urged to give blood and help save lives Each time you donate blood you could save up to three lives

The next blood donation session takes place on Tuesday 12 November at Beckton Globe, 1 Kingsford Way, E6, from 1.15-3pm and 4.30-7.30pm. No booking is needed.

Anyone aged between 17 and 65, weighing more than 50kg (7stone 12lbs) and in general good health could give blood. There is no upper age limit for people who have donated in the past two years.

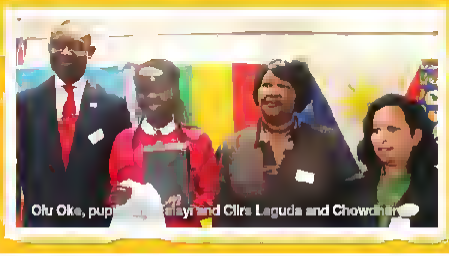
To find out more visit **blood.co.uk** or call **0300 123 23 23.**

Gifts for Newham kids

Money transfer company MoneyGram is putting its money where its mouth is by providing children in Newham schools with free stationary packs and e-readers

Winsor Primary School in Beckton was the first to receive the gifts presented by MoneyGram's Olu Oke who was joined by head teacher Carol Farwell and Newham councillors Joy Laguda and Ayesha Chowdhury who spoke about the importance of reading

The giveaway is part of MoneyGram's Readers are Leaders campaign which encourages children to develop a love for reading In total, 5,000 stationary packs filled with school supplies and ten e-readers will be given to schools in east London Other Newham primary schools receiving the gifts include Star E16, Vicarage E6 Curwen, E13 Ellen Wilkinson, E6 and Drew E16



Olu Oke, pup[illegible] and Cllrs Laguda and Chowdhury

Kids' Corner

PLEASE SEND YOUR DRAWINGS, JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. We cannot return any entries.

GALLERY

Ayomide Akomolafe, 7

[illegible]

Sabiha Shahed, 7

Isia Kubiak, 6

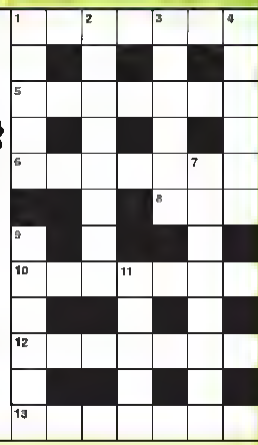
Free membership at Stratford Picturehouse

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU** Don't forget to write your full name, age address and daytime contact telephone number on the back of your entry **Good luck!** Visit www picturehouses co uk to see what's on

Stratford Picturehouse, Theatre Square, E15

Colour-me-in Crossword



Across

- Person who decorates a house (7)
- 5. Gave up work forever (7)
- 6. Religious ceremony (7)
- 8. Male teacher (3)
- 10 Draw attention (7)
- 12. Young frog (7)
- Largest city in the USA (3,4)

Down

- Capital city of France (5)
- Hobby (6)
- Doctor Who's time-machine (6)
- Flat piece of wood fixed to the back of a boat for steering (6)
- Round (8)
- Material used in a kilt (6)
- Answer (5)

Rosetta Art Centre scholarship open

If you're aged eight to 11 and think you're good at art, enter Rosetta Art Centre's competition to win a scholarship at their Saturday Art School

Recent scholarship winners Dayjam Ramsaroup and Saffran Sogree were praised for their work, which showed talent and a passion for the arts

To enter, submit one A4 piece of work before 18 December Winners are chosen based on their creativity, individuality and artistic expression. The piece can be a painting, drawing or collage Email your entry to **info@rosettaarts.org** or send your entry to **Rosetta Arts Centre, 1 Hamilton Road, E15 3AE** Entries must include your name, age and parent or carer's name and telephone number Find out more by visiting **www.rosettaarts.org**

Kids at Saturday Art School

Dayjam and Saffran with their winning entries

WHAT'S ON? 8 – 22 NOV

FIVE PAGES OF ACTIVITIES MOSTLY FREE, ALL FUN

OUR THRILLING THREE...

1. **Chess** – From a Queen's Gambit to a checkmate, test your skills at the Chess Club Thursdays 5 30-7 30pm at Stratford Library, The Grove, E15. Free

2. **Nordic Walking** – suitable for all Fridays 6 30pm, Newham Leisure Centre, E13 and Sundays 10am, East Ham Leisure Centre, E6 Free

3. **Newham Clinical Commissioning Group's free health and wellbeing event** – Thursday 14 November, 3-6pm Stratford Village Surgery, 50c Romford Road, E15 Health checks stop smoking advice, face painting and more Call 020 3688 1216

MENTION THE MAG...

Grab a friend burn calories tone muscle and tighten your abs while having a fun at UnityZumba Mention the *Newham Mag* and new members get two for one reducing the cost of the class to £2 50 each, from the usual price of £5 per person

UnityZumba classes are on:

- Mondays and Thursdays 8 9pm at the Hartley Centre 267 Barking Road E6
- Tuesdays, 8-9pm, and Thursdays, 8 15-9 15pm at St Mark's Community Centre, 218 Tollgate Road E6
- Sundays 6 30 7 30pm at the Well Community Centre 49 Vicarage Lane E6

Offer valid until Saturday 30 November For more information call UnityZumba **07886 884 573** or email **unityzumba@ufdance.co.uk**

TRY SOMETHING NEW... EAST LONDON IN FLUX

London's moving east but what's the draw for people, developers, business and others?

Whether you're a long term resident of Newham or have just moved to the area, come along to a special event which will help you understand more about the new, emerging East End

On Saturday 16 November, from 10am-4pm at Birkbeck University's campus in University Square, Salway Place, E15, you are invited to share your views about the changes happening in this part of London, the reasons behind them and the benefits for residents and businesses The free event will involve informal group discussion, food and a walking tour.

Your views will form part of a wider series of events which intend to explore this subject further

Booking is essential Secure your free place by visiting **https://eastlondoninflux.eventbrite.com** For more information visit **www.fundamental.uk.net**

Indicates free sessions

ARTS AND ENTERTAINMENT

Comedy Night
Mon, 8pm Theatre Royal Gerry Raffles Sq, E15 Visit www.stratfordeast.com/comedy_night

COMMUNITY LEARNING

Knit & Natter
Adult group
Fri, 10am 12noon, Canning Town
Wed 10am 12noon Beckton

UNDER-FIVES LIBRARY ACTIVITIES

Interactive Storytelling
Fri 10-11 30am East Ham

Toy Library
Tues, 10am 12noon, East Ham

Storytelling
Mon 10.30-11 15am Custom House
Mon 11am-12noon Beckton Globe Stratford
Tues 10.30 11.30am, Custom House
Tues 11am 12noon The Gate Stratford
Thurs 2-3pm, North Woolwich, Plaistow
Fri 11am 12noon Green St Manor Park, Stratford

Homework Club
Mon 4 6pm Stratford East Ham North Woolwich
Wed, 3 30-5 30pm, Green Street, Manor Pk
Thurs 4 6pm Custom House Forest Gate Plaistow
Fri, 3.30-5 30pm, Beckton, Canning Town

OTHER LIBRARY ACTIVITIES

Adult reading group
Mon 11 Nov 6 30pm Stratford

This month **Northanger Abbey** by Jane Austen, Plaistow

Over-50s Club
Thurs 10am 12noon, Beckton Globe

Chess Club
Thurs, 5 30 7 30pm, Stratford

Employability Skills
ESOL class with a focus on creating a CV and communication skills for work
Mon 12 30-2 30pm The Gate

Family Arts Club (3-12yrs)
Sat, 12noon 2pm, The Gate

ESOL Class
Tues 9 30 11 30am The Gate
English classes women only

Writing Group
Last Thurs each month, 5 45 7 30pm The Gate

EXTRA ACTIVITIES

Hub Art Classes
8 11yrs Tues 4 30-6pm
7-12 yrs, Thurs 4 6pm
Adults Thurs 2-4pm
The Hub, Call 020 7473 5249

Royal Docks Learning & Activity Centre
Mon Employment Support sessions by appointment only
Tues Bingo, 10am-12noon, £1
Healthy Cooking Group 10am 12noon £1
Parent and Toddler group, free, 10am-12noon
Over 50s computer classes, 11am 1pm £1
Weds Coffee Morning, 9 30-11am
Learn to Earn – Employment Support Drop in 1 2pm
Sewing Classes, 10am-12noon, £1
English support for Work 12noon 1pm
Shop and drop (60+) 10 15am
Thurs Tai Chi, £2, first session free, 10 30am 12noon
Learn to Earn, 11 30am-1pm
Royal Docks Learning & Activity Centre Albert Rd, E16
Call 020 7476 9922

Table Top Sale
Sell your goods £5 a table
Last Sat of every month 9am-2pm Jack Cornwell Community Centre Call 020 8553 3459

Turn up and trade
Free pitches for traders Every Sat, 9am-4pm Rathbone Market, Barking Rd, E16 Email galina.doneva@newham.gov.uk or call 07790 945 985

Drama Classes (8-11yrs)
£3 if you book five classes
Every Tuesday 4 30 6pm The Hub Call 020 7474 6376

Drama Workshops (3-5 yrs)
Weds, 10-11am, £3
Grassroots, Memorial Pk E15
Call 020 7474 6376

BOXING AND SELF DEFENCE

Boxing
Mon Wed Fri, 5 6pm
West Ham Boys ABC 9+yrs
The Black Lion, 59-61 High St, E13 Call 020 8472 3614
Mon, Wed, 6 8pm
Peacock ABC, 8+yrs, Caxton St North, E16
Call 020 7511 3799
Mon, Wed, Fri, 6 7 45pm
Newham Boys ABC 6+yrs, Old Bath House 141 Church St, E15
Call 020 8519 5963
Fight For Peace 11+
Woodman St, North Woolwich, E16 Call 020 7474 0054

Omnibus Kids Gloves
Adults and kids
Tues, 6-10pm
Thurs, 8pm 12am
Sat and Sun, 11am-4pm
Trad TKO Boxing Gym, Gillian House, Stephenson St, E16
Call 020 7474 3199

Punch Out (16+yrs)
Tues 5 6pm Katherine Road Community Centre 254 Katherine Rd E7 Email getactive@newham.gov.uk

Shoujin Karate
Fri, 6 7pm and 7 8 30pm
Sun, 10-11am Under-15s £4, 18+yrs £6, concs £5
Wed (during term time only) 4 30 5 30pm
Newham Shoujin Karate Club, Newham Leisure Centre
Call 07508 070 638

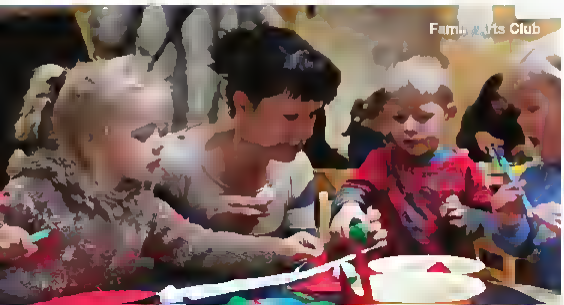
Docklands Karate Club
First session free Mon, 6 20 8 20pm under 15s £4 16+ £6 concs £5 UEL Sports Dock Call 07766 685 869

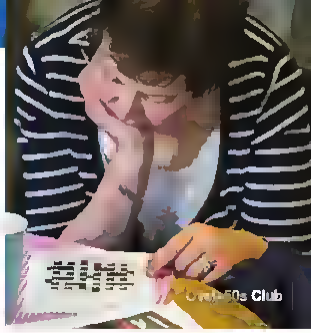
Tang Soo Do (5+ yrs)
Sat 1 2 30pm, 7 30 8 30pm
The Hub, E16 £5 – family discount available
Call 07725 948 426 or email ace_rosillo@hotmail.com

Hop, Skip and Punch (16+yrs)
Tues, 4 5pm Katherine Road Community Centre, 254 Katherine Rd E7
Call 020 8548 9825

Durumu Taekwondo
Mon and Wed, children 6-7 30pm, juniors and adults 7 30-9 30pm Monega Primary School, Halley Rd, E12
Call 07931 709 140

JFI Karate (5+ yrs)
For children and teens
Mon 5 6 30pm Wed 5 6 30pm The Hartley Centre
Call 07818 000 643





Kickboxing
Mon, Wed and Fri, 6 30-8 30pm Trad TKO Boxing Gym, Stephenson St, E16 Call 07944 873 927 or email eastlondonkickboxing@gmail.com

HEALTH AND FITNESS

Bootcamps
Boxercise Bootcamp parent and child (7 12yrs)
Tues 6 7pm child is free
Indoor/outdoor
Britannia Village Hall, 65 Evelyn Rd E16
90 Day Boot Camp Challenge
Outdoor
Mon and Thurs, 7 15-8am, Tues and Thurs, 7pm, Central Park, High St South, E6
Teens Boot Camp (13+yrs), Weds 5 30 6 30pm
Thames Barrier Park Barrier Point, E16 Email info@5starphysique co uk or call 07904 625 402

Bootcamp (men only)
Thursdays, 7 30 9pm, £5
Langdon School Sports Centre, Sussex Rd, E6
Call 07818 000 643

Zumba classes
Thurs 7 30 8 30pm London Tamil Sangam, 369 High St North, E12, £5 Wed, 7-8pm Hathaway Community Centre, Hathaway Cres E12
Call 07720 805 505

Yoga
Tues, 6 10-7 10pm
Fri, 10 30-11 30am,
£5 50 (£3 50 concs) The Hub

Weds 6 45 7 45pm
The Unitarian Church,
West Ham Ln E15
Call 07956 808 007 or visit
www yocoma co uk

Gate 7 Yoga
Mon 7pm £5 Women only yoga Maryland Studioz 86 Leytonstone Rd E15
Tues, 7pm, beginners yoga, £5 8pm, Ashtanga yoga £5
Forest Gate Methodist Church, Woodgrange Rd, E7
Thurs, 10am, £1 50 Ladies only keep fit and yoga, Rokeby Hub Rokeby St E15
Thurs, 6 30pm £5 Play, Sow and Grow, 6 Gay Rd E15
Call 07950 944 095 or email gate7yoga@gmail com

Twisted Pink
Street Dance (7 14yrs), Thurs, 5 30-6 30pm Singing, Thurs 6 45-7 45pm Street Dance (15+ yrs), Fri 6 7pm All sessions £3
Wesley House, Herbert Rd, E12
Call 07534 513 307, visit www twistedpink org uk or email twistedpink26@aol com

Zumba
Mon and Thurs, 6 30 7 30pm, £5 Plaistow Community Centre 63 Queens Rd West E13 Call 07916 327 541

Zumba fitness with Jess
Weds, 7 15-8pm, £3 50
Vicarage Lane Community Centre, Govier Cl, E15
Call 07759 020 955

TENNIS

Indoor Tennis Thurs £3 10-16yrs – 5 30pm, 16+yrs – 6 30pm The Hub Newham Leisure Centre Call 020 3373 9000

50+ ACTIVITIES

LGBT Community Group
Third Tues of each month 4 6pm, Community Resource Centre 200 Chargeable Ln E13 Call 020 7239 0447

Newham Striders
Daily walking group
Call 0844 414 2728

Ballroom Dancing
Mon 10am 12noon St Paul s Church Centre Burges Rd E6
£2 50 per session
Call 07761 209 463

Gemini Square Dance Club
Mon, 8-10 30pm Chandos Community Centre, Colegrave Rd, E15 £4 including tea and biscuits Call 020 8529 1602 or email mbro22@hotmail com

Nordic Walking
Wed, 9 30am Meet at Lord Lister Health Centre Forest Gate not suitable for wheelchairs £2
Call 07783 660 429
Fri 6 30 6pm Meet at Newham Leisure Centre
Sun, 10-11 30am, Meet at East Ham Leisure Centre

GREEN

Garden Club
Tues 1 3pm Thurs 4 7pm Sat 10am 4pm, Abbey Gdns Bakers Row E15

Gardening Thymes Gardening Club
Fri, 11am-1pm, Bowling Green, Central Park, High St South, E6

Friends of West Ham Park
Sat 2 Nov 12 30pm help build Newham's biggest leaf pile and nature walk 2pm Build a dragon West Ham Park, Upton Ln, E7

DOORSTEP CLUBS

Gym & Basketball (14+yrs)
Tues, 6-10pm £2 Rokeby School Barking Rd, E16

Stunt & Tumble (14+yrs)
Thurs 7 30 9pm £5
Talent Cheer & Dance Gallions Reach, Armada Way E6
Call 07866 612610

FEMALE SPORTS

Call 0844 414 2728 unless otherwise stated

Dare2Dance (12-16yrs)
Street dance Fri 3 30-5 30pm, Newham Leisure Centre.

Girls Spinning Sessions (11-15 yrs)
Tues and Thurs 5 5 30pm, Newham Leisure Centre

Female Only Gym Sessions
Tues and Thurs, 3 30-5pm 11 15yrs Mon, 3-4pm, 16-25yrs Newham Leisure Centre.

Female Boxfit Classes (14+yrs)
Mon 4 15-5 15pm Balaam Leisure Centre Call 07970 763 526

Girls Football (11-16yrs)
Tues, 3 30-5 30pm,
Newham Leisure Centre

Ghella's Yummy Mummy Buggy (16+yrs)
£5 Mon 10-11 30am, Central Park High St South E6 (meet outside cafe in the park)
Fri 10 11 30am, Plashet Park, Plashet Grove E6
Call 07908 614 958 or email spoleon@aol com

Janice's Fitness (16+yrs)
Tues and Thurs 9 30 10 30am Soca and Zumba, £5
St George and St Ethelbert Church Hall Burford Rd, E6
Email info@jfikarate co uk or call 07818 000 643

Zumba, Soca and Salsa Fusion
Mon, 6 45 7 45pm £5
The Hartley Centre
Call 07818 000 643

Sonia's Circuits (16+yrs)
Tues and Fri, 10-11am, £4,
Ridley Christian Centre,
94 Upton Ln, E7
Call 07763 230 106

Body Blast (16+yrs)
Tues 6 30 7 15pm £5
Weds, 12 30 1 15pm £5
Thurs, 12 30-1 15pm £5,
Fri (miniblast) 6 30pm-7pm
£2.50 Fitness membership £30 (entitles you to come to all classes for whole month) Talent Central Unit 27a 3 Armada Way, Gallions Reach Shopping Park E6 Call 07866 612 610

Abs Blast (11-15yrs)
Thurs, 5 30 6pm,
£3 10 Newham Leisure Centre

Women United AFC (11+yrs)
Mon (term time only) 6 7 15pm,
Kingsford School, E6, £1
Call 07792 932 979

Just Play (16+yrs)
Wed 6 30 8pm multi sport session (term time only)
NewVic Call 0844 414 2728

Just Play (14-16yrs)
Wed 6 30 8pm multi sports (term time only) NewVic
Call 0844 414 2728

Get Back into Netball
Tues 6-7 30pm, juniors, 7 30-9pm, seniors £2 Lister Community School, St Mary's Rd, E13 Call 07717 281 529

Women's Badminton
Fri 1 2 30pm East Ham Leisure Centre £2 equipment provided Call 07930 162 505

Keep Fit – Stay Fit
Sat, 10-11am, £3 50
Jack Cornwell Community Centre Call 07795 064 116

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Family Swims for Disabled Children and Adults
Sat 4.30-5.30pm Newham Otters Swimming Club, Newham Leisure Centre
Call 07931 788 739
Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, £5 Call 020 7476 5274

Swim for Families dealing with Autism
Wed, 4.5pm Balaam Leisure Centre Call 020 7476 5274

Get Fit for Free
Tues 1.30-3.30pm and Fri, 10am-12noon. Free gym use for people with learning disabilities Newham Leisure Centre To book an induction call 020 7511 4477

Disabled Athletics (8-18yrs)
Tues 4.15-6.15pm, Brampton Manor Roman Rd, E6
Thurs, 4.30-5.55pm, St Angela's Ursuline School, 1 St George's Rd, E7
Email cnoumce@englandathletics.org

Ability Club (11-25yrs)
Multisports for disabled young people Weds 5.30-6.30pm and Fri, 4.45-6pm NewVic

Trampolining Sessions (U19s)
Tues 4.30-5.30pm U19yrs Newham Leisure Centre.
Call 020 7511 4477

Mixed Swimming Sessions for Adults and Children
Wed 10am-12noon East Ham Leisure Centre
Call 020 8548 5850

Sensory Play
For children under 5 with special needs, speech and language delay or physical disabilities Term time only Fri 10-11.30am, Oliver Thomas Children's Centre, Mathews Ave, E6 Email kathy.holdsworth@oliverthomas.newham.sch.uk
Call 020 8821 0997

RUNNING

East End Road Runners
Tues and Thurs, 7pm
Sun, 9am meet on the track, coached sessions for all abilities Newham Leisure Centre Call 07979 261 647

Run England
All sessions are £2 unless stated
Sun, 10am-12noon, Newham Leisure Centre (meet on track)
Mon 4.5.30pm Newham Leisure Centre (meet on track)
5.45-6.45pm Newham Dockside E16 (meet at reception)
Tues 6.7pm Newham Leisure Centre (meet on track)
Weds 12noon-1pm, Newham Dockside E16 (meet at reception)
Thurs free, 5.15-6.15pm UEL Docklands Campus E16 (meet at reception)
Sat, 10-11.30am, East Ham Central Park, E6 (meet at the cafe)
10.11.30am Wanstead Flats E12 (meet at Harrow Rd Changing Pavilion)
10-11.30am, Memorial Park, E15, £4 (meet at car park)
Call 07718 394 874

Beckton Park Run
Sat 9am
Beckton Park South E16
Call 07718 394 756
www.parkrun.org/beckton

SPORTS

BMX
Sun, 10am-12noon, 6-16yrs, £3/£2 members/£10 annual membership Gooseley Playing Fields, St Albans Ave, E6
Call 07961 333 615 or email paul.farthing@activenewham.org.uk

Indoor Rounders (14+yrs)
Weds, 7-8pm £1
UEL SportsDock E16
Call 020 3373 9000 or email paul.farthing@activenewham.org.uk

Indoor Cricket (8-16yrs)
Weds, 6-8pm, £2
Lister Community School, St Mary's Rd E13, email paul.farthing@activenewham.org.uk

Swimming (5-16yrs)
Newham Young Britons ASC
Sat, 6.15-7pm £2 Newham Leisure Centre
Call 07956 304 518

Woodside Badminton Club
Fri, 7.30-9.30pm, intermediate and club standard £5 waged/£3 unwaged, Carpenters Docklands Centre, 98 Gibbins Rd E15
Call 07958 761 676

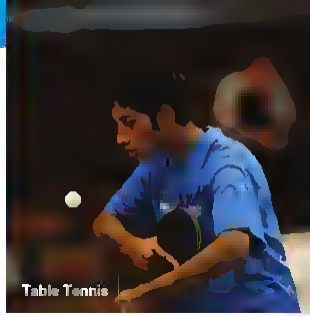
Newham Swords (4-7yrs)
Tues, 6.20-9pm
Thurs 6.20-8.20pm
Fri, 7.40-10.20pm
UEL SportsDock
Call 07956 618 898

Table Tennis
Thurs, 6.30-9pm Beginner and intermediate adults Stratford School, Upton Ln E15 Call 07976 577 716 or email ginny.hams10@btinternet.com

Badminton
Thurs 7-9pm (term-time only) £5 for a court and bring a racquet Little Ilford School, Browning Rd E12 Email morgan_phil@hotmail.com or call 07944 117 263

FOOTBALL

Mayor's Football League
U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18s, 6-7pm Newham Leisure Centre



activeNewham Premier League (18+yrs)
6-a-side (4 subs)
Weds 7-10pm Newham Leisure Centre Visit www.activenewham.org.uk

WHU Kickz
Football Mon, Tues, Fri 12-15yrs, 4.5.30pm, 16-19yrs, 5.30-7pm Girls, Mon 4-7pm The Hub
Football/Gym Session Thursday 6-7pm Little Ilford Learning Zone, 1 Rectory Rd E12
Football Thurs 5-6pm, Stratford MUGA
Football/Athletics Sat, 10.30am-12noon Newham Leisure Centre

Football & Multi Sports
Mon 5.30-7pm, 8-19yrs
Weds 5-7pm, 8-19yrs
Stratford Park MUGA, West Ham Ln E15

5-a-side Football
Weds 5.6.30pm 8-19yrs Fords Park, Fords Park Rd E16
Thurs, 5.30-7pm, 8-19yrs, Royal Victoria Gardens, Pier Rd E6
First Sat of the month, 10am-1pm U12s U14s, U16yrs, Plashet Park, Plashet Grv E6

Football & Multi-Sports (8-19yrs)
Sat 2-3.30pm 8-19yrs, Winsor Park Estate, Winsor School MUGA, East Ham Manor Way E6

AIR Football (18+yrs)
Tues 1-3pm and Fri 10am-12noon Memorial Park, Memorial Ave E15
Fri, 3-5pm Beckton Powerleague, E6
Visit www.airfootball.co.uk

Ascension Football Academy
£3 School years Reception to 11yrs, Sat, 10-11 30am
King George V Park,
King George Ave E16
Call 07806 584 925

Men's Health Football Fitness Sessions
Sat, 10-11am, West Ham United Community Training Facility,
60a Albatross Cls E6
Call 020 7473 7724

BASKETBALL

Youngbloods Basketball
All sessions cost £1
U12s, mixed Sat, 1 3pm,
East Ham Leisure Centre
U13/14s, boys, Mon, 6-8pm,
St Angela's School, E7
Tues 5 30-7 30pm,
Newham Leisure Centre
U14s girls Mon 4 30-6pm
St Angela's School E7
Tues 5 30 7 30pm
Newham Leisure Centre
U15/16s boys, Tues 6-8pm,
East Ham Leisure Centre
Fri, 6-8pm, St Angela's School, E7
U17/18s boys Tues 8 9 45pm
East Ham Leisure Centre
Thurs, 7 9pm St Bonaventure's School E7 Fri 6-8pm St Angela's School, E7 Call 07958 307 657

Newham All Star Sports Academy (NASSA)
Sessions are £1 unless indicated otherwise
Weds 4 20 6pm U13 14
6 8pm, U16 18
8 10pm Senior Men
Thurs 4 20-6pm U13-14
6-8pm, U16 18
8 10pm, Senior Women, £2
Fri, 4 20 6pm U13 14
6-8pm, U16 18
8-10pm Senior Men Run, £2
Sat, 10 20am-12 20pm Junior boys and girls 8-14, £2
All sessions take place at UEL, Docklands Campus Call 07703 503 995 or 07712 176 301
Visit www nassasports org uk

National League
Mon, 6 8pm U13/14s,
Rokeby School,
Barking Rd, E16
Tues, 6 8pm U15/16s
Rokeby School
Barking Rd E16
Thurs 4 30-6pm,
U13/14s boys, U14s girls,
Newham Leisure Centre,
Prince Regent Ln, E13
6 8pm U16s
Newham Leisure Centre,
6 8pm, U18s, Cumberland School Oban Cls, E13

Gifted and Talented
Fri, 4 15 5 30pm
Cumberland School,
Oban Cls E13

Senior Programme
Mon 7 30 9 30pm
Division 2 Women and Division 3/4 Men Rokeby School
Canning Town E16
Call 07947 401 616

3v3 Basketball League
Thurs 5-7pm, 8-19s, Forest Gate Youth Centre, Woodford Rd, E7
Fri 7-8pm 8-19s Little Ilford Youth Zone Rectory Rd E12

3v3 Basketball Competition
2nd Sat of the month
10am 1pm, U12s/U14s/U16s, Little Ilford Youth Club
Rectory Rd E12

Basketball & Multi Sports
Fri 5-6 30pm 8 19s Snowshill MUGA, Snowshill Rd E12

COMMITTEE MEETINGS

All meetings take place at Newham Town Hall Barking Rd, E6, unless specified

Mon 11 Nov, 7pm, Local Development Committee Council Chamber Old Town Hall E15
Tues 12 Nov, 7pm, Children and Young People Scrutiny Commission, Committee Room 1
Wed 13 Nov, 7pm, Audit Board Committee Room 1
Mon 18 Nov, 7pm, Health and Wellbeing Board Room WG 06 Ground Floor, West Wing, Newham Dockside E16
Tue 19 Nov, 7pm, Strategic Development Committee Council Chamber Old Town Stratford E15
Crime and Disorder Scrutiny Commission Committee Room 2
Wed 20 Nov, 6.30pm, Standards Advisory Committee – TBC
7pm, Inner North East London Joint Health Overview and Scrutiny Committee (INEL JHOSC) – TBC
Thurs 21 Nov, 5pm, Cabinet Council Chamber
5.05pm, Mayoral Proceedings, Council Chamber, Newham Town Hall East Ham E6

Visit **www.newham.gov.uk/committee** for updates

CONTACT THE MAYOR

'Here to help' sessions
Tues 12 Nov, 9am,
[8 30am registration] The Place 2 Silvertown Way E16
Tues 19 Nov, 5pm, [4 30pm registration] Newham Town Hall Barking Road, East Ham, E6

Telephone surgeries
Weds 13 Nov. Call 020 3373 2000 between 9 30am and 10 30am and register your query and contact details The Mayor will then ring back at a later time

LIBRARY CONTACTS

Beckton Globe
1 Kingsford Wy, E6
Canning Town Barking Rd, E16
Custom House
Prince Regent Ln, E16
East Ham High St South, E6
Green Street 337-341 Green St
The Gate 6-8 Woodgrange Rd, Forest Gate E7
Manor Park
685-691 Romford Rd, E12
North Woolwich
5 Pier Parade, E16
Plaistow North Street, E13
Stratford 3 The Grove, E15
Archives and Local Studies (limited postal and email service only) call 020 3373 6881
email archivestocalstudies@newham gov uk
Community Outreach Services To find out more call 020 3373 0813

CENTRE CONTACTS

Balaam Leisure Centre
Balaam St, E13
East Ham Leisure Centre
324 Barking Rd, E6
The Hartley Centre
267 Barking Rd E6
The Hub 123 Star Ln E16
Jack Cornwell Community Centre Jack Cornwell St, E12
Newham Leisure Centre
281 Prince Regent Ln E13
NewVic Prince Regent Ln, E13
UEL Sports Dock Docklands Campus, University Way, E16

All listings may be subject to change, please contact individual events and activities before attending

Hundreds of services – one website Visit **www.newham.gov.uk**

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Find us on Facebook **www.facebook.com/NewhamCouncil**

Apply for services and make payments quickly and easily online To register or log in visit **www.newham.gov.uk/mynewham**

THEATRE ROYAL STRATFORD EAST presents
A MAGICAL ADVENTURE
DICK WHITTINGTON
Written by
TRISH COOKE and
ROBERT HYMAN
'A Delicious Show'
on Jack &
(2012)
London Town
NEWHAM
DISCOUNT NIGHT
THUR 28 NOV
£2.50 TICKETS!
Available for Newham residents who are first-time bookers. Proof of address required. Not available online
east village
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Starting school

If your child will have their 5th birthday between 1 September 2014 and 31 August 2015 you need to apply for a reception class place now.

The deadline for a reception class place for September 2014 is **15 January 2014**. If you miss this date you will have less chance of getting the school that you prefer. Pick up a copy of the autumn 2013 edition of the Starting School guide from any Newham Council operated nursery, infant or primary school.

Apply online, to apply on time.

www.eadmissions.org.uk

For more information visit **www.newham.gov.uk/schooladmissions**